



GreySheeters Anonymous is 25 Years old

GSA tiene 25 años / er 25 ára / הוא בן 25

From Grey to Silver

De gris a plateado / Frá gráu til silfurs / מאפור לכסף

1977

First GreySheet Group
Primer grupo GreySheet

Sallie and George D.

First Church Cambridge
11 Garden Street,
Cambridge, MA





1980s

First New York
GreySheet Group
Primer grupo
GreySheet de Nueva
York

Val from Cambridge

Jan Hus
Presbyterian
351 East 74th Street
New York City

By 1995

128 GreySheet
Groups Around
the World

128 grupos de
GreySheet en
todo el mundo



April 6th, 1998

GSA World Services Incorporated in New York

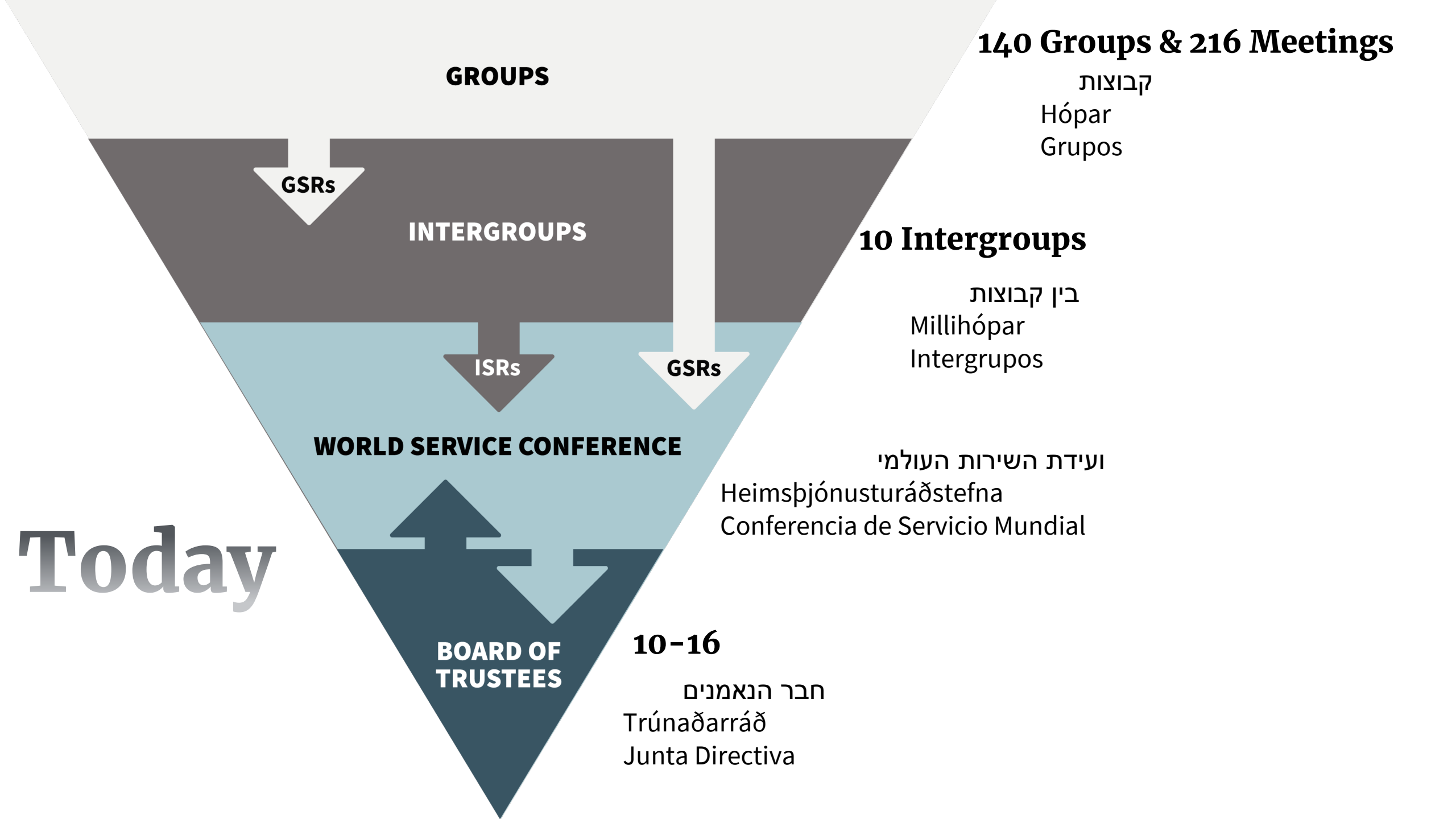
<p>Revenue Code Section 4943 (c), (B) make any manner as to subject the corporation to tax Revenue Code Section 4944, or (C) make any defined in Internal Revenue Code Section 49 provisions of any subsequent Federal tax la</p> <p>Nothing contained in this certificate empower the corporation to perform or engage prohibited by General Business Law, Section monopoly statute of the State of New York.</p> <p>(5) The office of the corporation is t county of New York.</p> <p>(6) The initial directors of the corpo annual meeting are as follows:</p> <p>Marvin A _____ Penny S _____ Mona H _____ Ari L _____</p> <p>(7) The duration of the corporation is _____</p> <p>(8) The Secretary of State is designat corporation upon whom process against it ma office address to which the Secretary of St any process against the corporation served H _____</p> <p>IN WITNESS WHEREOF, I hereunto sign my statements made herein are true under the p</p> <p>Dated: April 6, 1998</p> <p>Scott J. Schuster, Incorporator 283 Washington Avenue Albany, New York 12206</p>	<p>CERTIFICATE OF INCORPORATION OF GreySheeters Anonymous World Services, Inc. Under Section 402 of the Not-for-Profit Corporation Law</p> <p>FILER: CHERYL P.</p>

Our Primary Purpose

- Is to stay abstinent and to carry the Cambridge GreySheet message to the next compulsive eater.
 - We weigh and measure three meals a day from the GreySheet Without Exception.
 - We don't eat No Matter What.
 - Abstinence is the most important thing in our lives.
 - It works if you work it.

Nuestro Propósito Principal

- Es mantenerse abstigente y llevar el mensaje de Cambridge GreySheet al próximo comedora compulsiva.
 - Pesamos y medimos tres comidas al día desde GreySheet Sin Excepción.
 - No comemos Pase Lo Que Pase.
 - La abstinencia es lo más importante en nuestras vidas.
 - Funciona si lo trabajas.



140 Groups & 216 Meetings

GROUPS

קבוצות
Hópar
Grupos

GSRs

INTERGROUPS

10 Intergroups

בין קבוצות
Millihópar
Intergrupos

ISRs

GSRs

WORLD SERVICE CONFERENCE

ועידת השירות העולמי
Heimspjónusturáðstefna
Conferencia de Servicio Mundial

BOARD OF TRUSTEES

10-16

חבר הנאמנים
Trúnaðarráð
Junta Directiva

Today



Connecticut

Intergroups

קבוצות

Millihópar

Intergrupos



Intergroups

קבוצות

Millihópar

Intergrupos



Intergroups

קבוצות

Millihópar

Intergrupos



Intergroups

קבוצות

Millihópar

Intergrupos



Northeast States

DE, MA, ME, NH, NJ,
NY (except NYC Metro),
PA, RI, VT

Intergroups

קבוצות

Millihópar

Intergrupos



New York Metro

Manhattan, Brooklyn,
Queens, the Bronx, Staten
Island, Westchester, Suffolk,
and Nassau Counties

Intergroups

קבוצות

Millihópar

Intergrupos



Southern & Central States

AL, AR, Caribbean, CO, FL, GA, IL, IN, IA, KS, KY, LA, MB, MD, MI, MN, MO, MS, MT, NE, NM, NC, ND, OH, OK, SK, SC, SD, TN, TX, VA, WV, WI

Intergroups

קבוצות

Millihópar

Intergrupos



Western States

AK, AB, AZ, BC, CA, HI, ID,
NV, OR, UT, WA, WY

Intergroups

קבוצות

Millihópar

Intergrupos



Intergroups

קבוצות

Millihópar

Intergrupos

A light green world map is centered in the background of the slide. The text 'Comunidad Hispana' is positioned in the upper right quadrant, and the large, faint text 'MUNIDAD HISPAN' spans across the middle of the slide.

Comunidad Hispana

MUNIDAD HISPAN

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Trúnaðarráð
Junta
Directiva



World Service Conference Literature Committee

ספֿרות
Bókmenntir Literatura



World Service Conference Public Information Committee

מידע ציבורי
Opinberar upplýsingar
Información pública



World Service
Conference Website
Committee

אתר אינטרנט
Vefsíða
Sitio Web





World Service Conference Conference Committee

ועידה
Ráðstefna
Conferencia



World Service Conference Finance Committee

ל לַמָּוֶן
Fjármál
Finanzas



World Service Conference Structure Committee

מבנה

~~Upphyggin~~

Estructura



World Service
Conference
Communication
Committee

תקשורת
Samskipti
Comunicación



NOMINATIONS!

World Service
Conference
Nominating
Committee

מועמדות
Tilnefningar
Nominación



World Service
Conference
Archives Committee

אַרְכִּיּוֹן
Skjalasafn
Archivo



HOME / World Services / GreySheet Counts Census

GreySheet Counts Census 2023

- SI HABLAS ESPAÑOL, PULSA AQUÍ
- דוברי עברית, לחץ כאן
- ÍSLENSKA

What is it?

Every five years, GreySheeters Anonymous conducts a census of its members. We want to know how many members we have, where we are, how long we have been abstinent, how we found GreySheet, and other information that will help us carry the message to those who have not yet heard of the GreySheet solution.

Fill out the Census!

Questions? GreySheetCounts@greysheet.org

Vision for World Service

The 12 Concepts

World Service Calendar

Board of Trustees

Board Members

Nominate a Trustee

Meetings & Reports

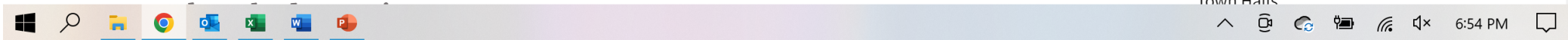
Personal Safety Committee

GreySheet Committee

Seventh Tradition Committee

Nominations Form

Town Halls



GreySheet Counts! Census 2023 is Now Open

greysheet.org / World Service / GreySheet Counts Census